Portsmouth City Health Department
2018 Annual Report

605 Washington Street
Portsmouth, Oh 4662

Chris Smith, RS, MA
Health Commissioner

Report Prepared by Belinda Leslie, BSBA, PHR
February 27, 2019
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<td>27</td>
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Introduction

Board of Health
Mayor Kevin E. Johnson, President
Timothy Angel, PhD, President Pro tem
Davis S. Walker, MD, Vice President
George L. Davis, III, Esq.
Jennifer LeMaster
Angela Hodge, DNP, RN

Medical Director
David Byers, MD

City Council
Sean Dunne 1st Ward
Jo Ann Aeh 2nd Ward
Kevin E. Johnson 3rd Ward
Jerrold Albrecht 4th Ward
Gene Meadows 5th Ward
Thomas Lowe 6th Ward

Health Department Administrative Staff
Chris Smith, RS, MA, Health Commissioner
Belinda Leslie, BSBA, PHR, HR/Accreditation Officer
Celeste Tucker, BSBA, Chief Financial Officer

Division Directors
Andrew Gedeon, RS, Environmental Director/Deputy Health Commissioner
Christine Thomas, RN, BSN, Nursing Director
Cindy Charles, Air Division Director
Marissa Wicker, BA, Prevention and Promotion Director
Message from the Health Commissioner Chris Smith, RS, MA

The Portsmouth City Health Department is the steward of public health for the citizens of the City of Portsmouth. In this report we give an overview of the major activities of the Health Department. You are encouraged to visit our web site or follow us on Facebook to stay informed about public health issues and all the services we provide.

As in the previous year, the Health Department ended the year in a fiscally sound position. We also continued to grow and change in 2018. Three (3) full-time employees as well as two (2) seasonal employees were hired.

We are closer to becoming accredited through the Public Health Accreditation Board. Our site visit was August 16th and 17th, 2018. We have submitted an Action Plan and expect to become accredited in 2019.

Some highlights from 2018 are:

• In December 2018, DFC Coordinator Lisa Roberts was recognized by Ohio State University’s College of Public Health and presented the “Champion of Public Health” award. She has been integral in the implementation of community-based efforts to address the opioid epidemic in Southern Ohio and we are beyond proud of the work that she has done.

• In April, the Reproductive Health and Wellness Program expanded services to include substance abuse treatment. This will provide clients with comprehensive services in one visit and increase compliance during treatment through this program.

• Recovery Gateway has expanded navigation services to include Juvenile Drug Court, Family Drug Court, Misdemeanor Drug Court and Felony Drug Court. Navigation provides all assessments for Juvenile Drug Court and recommends proper treatment plan for these individuals.

• Environmental Health Division was able to purchase mosquito control equipment and hire seasonal employees to implement mosquito surveillance and trapping through monies from the Ohio Environmental Protection Agency’s (OEPA) Mosquito Control Grant. Twenty-four mosquito traps were placed in various locations throughout Portsmouth, collecting a total of 2,196 mosquitoes to be tested. Scrap tire collection was also a valuable measure of the grant. During the mosquito breeding season, a total of 126 scrap tires were collected and properly disposed of. The scrap tire collections will continue through 2019.

The Health Department continues to work with community partners to improve the health of our citizens through assessment, policy development, and assurance.
# Financial Report

Celeste Tucker, BS  
Chief Fiscal Officer

## YTD Fund Report for Year 2018 - Portsmouth City Health Department

<table>
<thead>
<tr>
<th>Fund</th>
<th>Description</th>
<th>Beginning Balance</th>
<th>Receipts</th>
<th>Expenses</th>
<th>Year End Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td>241</td>
<td>Air Division</td>
<td>$174,437.29</td>
<td>$506,759.00</td>
<td>$525,047.91</td>
<td>$156,148.38</td>
</tr>
<tr>
<td>250</td>
<td>Health Department General Fund</td>
<td>$164,286.09</td>
<td>$678,567.00</td>
<td>$816,783.66</td>
<td>$26,069.43</td>
</tr>
<tr>
<td></td>
<td>Subsidy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>252</td>
<td>OPRC Safety</td>
<td>$1,020.21</td>
<td>$43,072.15</td>
<td>$44,322.68</td>
<td>$230.32</td>
</tr>
<tr>
<td>253</td>
<td>STD Control</td>
<td>$11,489.81</td>
<td>$48,868.17</td>
<td>$81,270.76</td>
<td>$-20,912.78</td>
</tr>
<tr>
<td>254</td>
<td>Drug Free Communities</td>
<td>$(16,148.63)</td>
<td>$130,664.67</td>
<td>$113,148.52</td>
<td>$1,367.52</td>
</tr>
<tr>
<td>256</td>
<td>Injury Prevention</td>
<td>$29,959.34</td>
<td>$89,163.36</td>
<td>$153,753.74</td>
<td>$-34,631.04</td>
</tr>
<tr>
<td>257</td>
<td>Reproductive Health &amp; Wellness</td>
<td>$30,186.22</td>
<td>$492,300.43</td>
<td>$438,922.96</td>
<td>$83,563.69</td>
</tr>
<tr>
<td>258</td>
<td>Rural Health Opioid Program</td>
<td>$0.00</td>
<td>$290,451.83</td>
<td>$283,500.70</td>
<td>$6,951.13</td>
</tr>
<tr>
<td>264</td>
<td>Ryan White Part C EIS</td>
<td>$975.83</td>
<td>$8,076.07</td>
<td>$9,051.90</td>
<td>$0.00</td>
</tr>
<tr>
<td>267</td>
<td>Public Health Emergency Preparedness</td>
<td>$25,355.69</td>
<td>$137,571.31</td>
<td>$166,238.10</td>
<td>$-3,311.10</td>
</tr>
<tr>
<td>268</td>
<td>HIV Prevention (FEDERAL)</td>
<td>$187,702.96</td>
<td>$453,299.51</td>
<td>$788,700.89</td>
<td>$-147,698.42</td>
</tr>
<tr>
<td>269</td>
<td>HIV Prevention (STATE)</td>
<td>$18,209.75</td>
<td>$179,960.00</td>
<td>$179,960.00</td>
<td>$18,209.75</td>
</tr>
<tr>
<td>270</td>
<td>Land Reutilization Program</td>
<td>$22,501.37</td>
<td>$11,350.00</td>
<td>$5,551.97</td>
<td>$28,299.40</td>
</tr>
</tbody>
</table>
Environmental Health Division

Andrew Gedeon, RS
Environmental Health Director

Helen Trapp, Office Manager/Deputy Registrar
Louis Berger, Registered Sanitarian
Melissa Spence, Registrar/Payroll Clerk
Wendy Payton, Animal Control Officer/Code Enforcement Officer
Gary Tindall, Risk Coordinator

The Environmental Health Division is responsible for safeguarding the health and welfare of the public. This includes (but is not limited to) inspecting facilities such as food service and retail food establishments, public swimming pools and spas, and schools. Other state mandated responsibilities include animal control, solid waste/housing/nuisance complaint abatement, housing condemnations, the issuance of birth and death certificates, and burial permits.

In 2018, the Portsmouth City Health Department was awarded the Rural Communities Opioid Response Planning (RCorp) Grant. This provided funding hiring a Community Risk Coordinator. The focus of the Community Risk Coordinator is to address the need for safe, affordable housing and safe activities for at risk youth such as playgrounds and basketball courts.

Summary

The following is a summary of the major programs the Environmental Health Division Conducted for the City of Portsmouth in 2018. The list is not all inclusive.

Food Service

| 620 | Primary Care | $ 9,674.89 | $ 446,652.64 | $ 458,702.27 | $ -2,374.74 |

| Health Department Totals | $ 659,650.82 | $ 3,516,756.14 | $ 4,064,956.06 | $ 111,450.90 |

• All negative balances are due to grant funding drawdowns. Drawdowns have been completed and payment will be received in January 2019.
In 2018, the Centers for Disease Control and Prevention estimates that 48 million became ill, another 128,000 individuals were hospitalized, and 3,000 deaths occurred due to food borne illnesses.

<table>
<thead>
<tr>
<th>Source of Concern</th>
<th>Inspections Conducted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Service Operation and Retail Food Establishment Inspections</td>
<td>310</td>
</tr>
<tr>
<td>Temporary Food Service Inspections</td>
<td>5</td>
</tr>
<tr>
<td>Mobile Unit Inspections</td>
<td>8</td>
</tr>
<tr>
<td>Vending Unit Inspections</td>
<td>13</td>
</tr>
<tr>
<td><strong>Total Number of Inspections Conducted</strong></td>
<td><strong>336</strong></td>
</tr>
</tbody>
</table>

**Public Swimming Pools and Spas**

Potential health hazards exist when people swim in public swimming pools and spas. The usual types of diseases associated with water activities may be classified as upper respiratory infections, eye, ear, nose, throat and skin irritations and gastro intestinal disorders. Personal safety considerations are as equally important as disease prevention. Injuries from falling and tripping are the most common incidents at public swimming pools and spas.

<table>
<thead>
<tr>
<th>Type of Pool</th>
<th>Inspections Conducted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Swimming Pools</td>
<td>4</td>
</tr>
<tr>
<td>Special Use Pools</td>
<td>1</td>
</tr>
<tr>
<td>Public Spas</td>
<td>1</td>
</tr>
<tr>
<td><strong>Total Number of Inspections Conducted</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

**Manufactured Home Parks**

The Manufactured Homes Commission now oversees the manufactured home park program that was previously directed by the Ohio Department of Health. Local health departments still have the authority to enforce minimum standards for manufactured home parks. These standards include design, construction, alteration, extension and maintenance of the parks to make them safe, sanitary, and fit for human habitation. The manufactured home parks are inspected on an annual basis and if a nuisance complaint is filed against the park.

<table>
<thead>
<tr>
<th>Number of manufactured home parks</th>
<th>Inspections Conducted</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>3</td>
</tr>
</tbody>
</table>

**Schools**

Schools are inspected to ensure that the health and safety of the students is upheld. Consideration is given to school grounds and surroundings. The school buildings are inspected for overall safety including classrooms, heating and ventilation, lighting systems,
housekeeping and maintenance. The schools are inspected twice a year.

<table>
<thead>
<tr>
<th>Number of Schools Inspected</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Number of Inspections Conducted</strong></td>
<td><strong>16</strong></td>
</tr>
</tbody>
</table>

### Land Reutilization Program

In cooperation with city and county departments, the Portsmouth City Health Department’s Land Reutilization Program has taken great strides in returning tax delinquent properties to the tax districts. Only vacant parcels and vacant houses that are a minimum of three (3) years certified tax delinquent are placed into the Land Reutilization Program.

<table>
<thead>
<tr>
<th>Number of Properties Sold</th>
<th>13</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Amount from Property Sales</strong></td>
<td><strong>$11,350</strong></td>
</tr>
</tbody>
</table>

In order to address the issue of vacant, dilapidated houses in the Land Reutilization Program, the Portsmouth City Health Department formed a partnership with the Scioto County Land Reutilization Cooperation/Land Bank. With grant funding received from the Neighborhood Initiative Program the following was accomplished in 2018.

<table>
<thead>
<tr>
<th>Number of Houses Demolished</th>
<th>69</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Savings to the City of Portsmouth</strong></td>
<td><strong>$1,061,669.29</strong></td>
</tr>
</tbody>
</table>

### Animal Control/Nuisance Control

The Health Department’s Animal Control Officer enforces the Codified Ordinances of the City of Portsmouth as it relates to animals running at large, registration of dogs, animal bites, immunization requirements, excreta removal, solid waste complaints, and other animal complaint issues.

<table>
<thead>
<tr>
<th>Total number of dog bites</th>
<th>54</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number of cat bites</td>
<td>15</td>
</tr>
<tr>
<td>Number of bats tested</td>
<td>1</td>
</tr>
<tr>
<td><strong>Total Number of Animal Bites</strong></td>
<td><strong>70</strong></td>
</tr>
</tbody>
</table>

### Pest Control

The Portsmouth City Health Department employs a licensed pest control operator who is responsible for responding to rat, mosquito and other pest control complaints. The operator may treat the public sewers and private property where evidence of rat or pest infestation exists. The operator also conducts mosquito abatement by means of larvicide and fogging/spraying.

| Total Number of Rat Complaints | 53 |
Total Number of Mosquito Complaints  
10

**Total Number of Complaints**  
63

In 2018 the Portsmouth City Health Department received the Ohio Environmental Protection Agency’s Mosquito Control Grant. Upon receiving the grant, the Portsmouth City Health Department was able to purchase mosquito control equipment such as a mosquito fogger, conduct mosquito surveillance activities such as trapping and mosquito abatement activities such as scrap tire removal.

<table>
<thead>
<tr>
<th>Total of scrap tires collected</th>
<th>126</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number of mosquito traps placed</td>
<td>24</td>
</tr>
<tr>
<td><strong>Total number of mosquitoes collected</strong></td>
<td>582</td>
</tr>
</tbody>
</table>

**Vital Statistics**

The Office of Vital Statistics maintains birth and death records for the City of Portsmouth, with records going back as far as 1909. Birth certificates are open records and may be purchased at the Portsmouth City Health Department if the person was born in the state of Ohio.

Birth records are important for use in entrance to school, military service, obtaining passports, retirement pensions and social security pensions. Death records are needed for settlement of insurance claims, settlements of estates, pensions and tracing of ancestors.

<table>
<thead>
<tr>
<th>Total Number of Death Records Recorded</th>
<th>769</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Number of Stillbirths Recorded</td>
<td>6</td>
</tr>
<tr>
<td>Total Number of Burial Permits Issued</td>
<td>520</td>
</tr>
<tr>
<td>Total Number of Birth Certificates Issued</td>
<td>3,145</td>
</tr>
<tr>
<td>Total Number of Death Certificates Issued</td>
<td>1,968</td>
</tr>
<tr>
<td><strong>Total Number of Records Issued and Recorded</strong></td>
<td>6,408</td>
</tr>
</tbody>
</table>
Air Division

Cindy Charles,
Air Division Director

Anne Chamberlin, Permit Specialist
Carla Shultz, Administrative Secretary/Fiscal Officer
Matt Freeman, Permit Specialist
Quentin Williams, Engineering Tech

The Air Division, or the Portsmouth Local Air Agency (PLAA), works as a contractual representative of the Ohio Environmental Protection Agency (OEPA) and the United States Environmental Protection Agency (USEPA). The PLAA monitors the compliance status of the businesses and industries with air pollution sources in the five-county region (Adams, Scioto, Lawrence, Brown, and Highland counties). Additionally, the PLAA prepares permits, conducts facility inspections and reviews quarterly deviation and excess emission reports, observes source stack tests, reviews and issues or denies permissions to open burn, monitors asbestos removal activities, initiates enforcement actions and responds to air quality complaints.

The PLAA also maintains continuous and intermittent monitors measuring pollutants daily throughout three counties of its five-county area in Southern Ohio. The PLAA performs anti-tampering (vehicle emission control devices) inspections and observes and validates stack (source) testing that occurs in the five-county area.

During 2017, PLAA staff completed the following:

- Conducted 10 Title V and 5 Synthetic Minor facility inspections
- Observed 5 stack tests
- Reviewed 112 asbestos notifications
- Conducted 43 asbestos inspections
- Issued 26 Notice of Violation letters
- 0 Compliance and Enforcement Plans sent to OEPA
- Processed 6 Permits to Install, 5 Permits to Install Operate, 5 Title V, and 7 Permits by Rule
- Issued 49 Permissions to Open Burn
- Investigated a total of 94 complaints (39 high priority facility, 2 non-high priority, 42 open burning, 5 fugitive dust, 4 asbestos and 2 other)
- Conducted 3 Anti-tampering inspections

Any questions or comments concerning the information in this report may be directed to Cindy Charles at (740)353-5156 ext. 8934 or by mail at 605 Washington Street, Third Floor, Air Division, Portsmouth, Ohio, 45662.

Nursing Division
Clinic Operations

The Nursing Division operates a Clinic that is open to clients Monday through Friday from 8:00 a.m. to 4:30 p.m. The Clinic is staffed with a full-time Nurse Practitioner, Nurses, and a Receptionist. Appointments are available, and walk-in clients are accepted. The clinic offers evening hours, until 7:00 p.m. on the first Tuesday of each month for clients who cannot come during regular business hours.

There is a strong emphasis on providing care to low income and indigent clients, although clients of all socio-economic groups are accepted. The Clinic accepts a large variety of medical insurance plans. Clients who are uninsured are offered services on a sliding fee scale, based on annual income. Clients who are not enrolled in an insurance program are offered assistance by one of five Certified Application Counselors (CAC) on staff, with enrollment into a Medicaid managed care program or a market-place insurance program offered through the Affordable Care Act.

In 2018, the CAC’s assisted fifty-one (51) clients in applying for insurance through the Affordable Care Act. Twenty-three (23) of these applications were approved for coverage. Twenty-seven (27) applications were denied due to client failure to submit the requested verification.

The Clinic offers several different types of programs for clients. These include:

Reproductive Health and Wellness Program

This program focuses on health promotion, disease prevention, contraception, substance abuse treatment and family planning for adolescent and adult males and females who meet the RHWP eligibility requirements. In April 2018, opiate and alcohol abuse treatment was incorporated into RHWP.

The following services are offered through the Reproductive Health and Wellness Program:

- General women and men’s health screening and care to promote good health and prevent disease
• Cancer screening
• Pap Smears
• Pregnancy screening, initial prenatal care, and referral
• Contraceptive counseling, education, and care
• Screening, education on prevention, and treatment of sexually transmitted diseases
• Adolescent services, including encouragement of family involvement and education on sexual coercion
• HPV and other forms of vaccination
• Laboratory testing
• Education on breast self-exam and testicular self-exam
• Nutritional counseling and education
• Partner violence screening and support
• Human trafficking screening and support
• Smoking cessation education and support
• Opiate/Alcohol abuse treatment by administration of Vivitrol

This program focuses on assisting clients in developing a reproductive life plan. Through education and provision of contraceptives that meet their personal needs, the program helps clients to have children when they are ready, healthy, and free of disease. In addition to the medical care provided to our clients, there is a strong emphasis on education related to prevention of sexually transmitted diseases, on benefits and risks of various types of birth control, and screening and preventative care, to optimize general health.

The Clinic assists opiate and alcohol addicted individuals in recovery through Vivitrol treatment. Clients are treated with Vivitrol injections while being medically monitored by Clinic nurses and the Nurse Practitioner. The Clinic works with local substance abuse counselors to obtain an initial mental health assessment and to provide substance abuse counseling for each client while they are receiving substance abuse treatment.

The Portsmouth City Health Department receives funding for the Reproductive Health and Wellness Clinic from the Ohio Department of Health.

RHWP Clinic Visits

• 1460 Reproductive Health and Wellness visits were completed in the Clinic,
• 959 Vivitrol injections were provided for treatment of substance abuse, an increase over the 632 visits in 2017.

Primary Care Clinic

The City Health Department Clinic provides primary care medical services to patients age three (3) and up who do not have another primary care provider.
Primary Care Visits:

- 454 Primary Care visits were completed. This is an increase over 118 visits in 2017.

**Ryan White Clinic**

The Clinic offers primary care to clients infected with HIV/AIDS. Clients from the local community and regional tri-state area are seen in the Clinic. Dr. David Byers, who specializes in infectious disease treatment, continues as our Medical Director. Clients treated in this clinic are seen by the Nurse Practitioner.

- 20 visits were completed in the Ryan White Primary Care Clinic. This is down from twenty-one 21 visits in 2017.

**City of Portsmouth Employee Clinic Services**

The Nursing Division provides free Clinic visits to City of Portsmouth employees. The goal of this program is to decrease City of Portsmouth employee insurance claims. The employee’s visit to the Clinic is provided free of charge. However, if the city employee needs to have diagnostic tests performed, these are billed to the insurance company.

- 766 visits were utilized by City of Portsmouth employees and their families, up from the 566 visits utilized in 2017.
- These visits to the Clinic resulted in approximately $39,910.08 worth of medical claim savings to the City of Portsmouth’s health insurance company.

**Recovery Gateway**

This program provides navigation services to community members in need of substance abuse treatment service options, housing needs, help with the Medicaid application process, resume assistance, risk reduction education etc. In 2018, one hundred five (105) participants have utilized this service.

This program also provides a counseling service for individuals that participate in the Reproductive Health and Wellness Program and are receiving substance abuse treatment. In 2018, two hundred five (205) visits were completed through the counseling service.

**Child Safety “Ohio Buckles Buckeyes” Program**

The Ohio Buckles Buckeyes Program is a child passenger safety program through the Ohio Department of Health Violence and Injury Prevention Program. This program is administered by the Portsmouth City Health Department which provides free car seats to parents who cannot afford to purchase one for their child. Funding for this program is provided through the Ohio Department of Public Safety.
The Portsmouth City Health Department houses the Occupant Protection Coordinator for Ohio Region 4. She oversees ten distribution centers for this regional program. Distribution centers for Region 4 are located in Athens, Gallia, Hocking, Jackson, Lawrence, Meigs, Pike, Ross, Scioto and Vinton counties. The Regional Coordinator is responsible for overseeing all Program Technicians, and for monitoring each regional site to assure that the program is being carried out according to Ohio Department of Health and Department of Public Safety regulations. The Health Department also houses one certified instructor and two (2) Certified Technicians for this program. The instructor provides initial certification and annual re-certification classes on car seat education and proper installation techniques to Program Technicians in each region. Becoming an instructor takes two years. The Regional Coordinator will qualify to become a certified instructor for this program in November of 2019.

Each distribution center in the region receives sixteen car seats quarterly for distribution. Car seats are distributed at Portsmouth City Health Department through an application basis; the parent/caregiver completes a car seat application, then applicants are contacted in order of receipt. When applying, parents/caregivers must provide proof the child has a medical card; the household meets WIC Income Eligibility Guidelines, and if the child is currently WIC enrolled. Upon consent of the parent/caregiver, if the child is not enrolled in WIC, a referral is completed and sent to the local WIC office. If the parent/caregiver refuses the WIC referral it does not prevent them from obtaining the seat. If a car seat is not available at the time a parent applies, they are placed on a waiting list and given first priority when a new shipment arrives.

In order to receive a free car seat, parents must view an instructional video on car seat safety and proper installation. Parent/caregiver questions are answered, and basic car installation education materials are distributed with each car seat. Once training is completed, the certified instructor observes the parent install the car seat according to the program safety installation guidelines. The Portsmouth City Health Department Clinic distributed seventy-one (71) car seats in the 2018 contract year. This distributed number is down from eighty-five (85) in 2017. Seats distributed are based on seats received quarterly from ODH. The Clinic staff provides education about the Car Seat Safety Program to the local community through promotion at local health events and through distribution of informational brochures to community organizations.

Project DAWN (Deaths Avoided with Naloxone) Program

The Portsmouth City Health Department began Project DAWN as a pilot harm-reduction public health program in 2012. The goal of this program is to reduce deaths caused by overdose of opiates. Naloxone is administered intra-nasally temporarily reverse the effects of opiates in the client’s body. The drug, along with emergency resuscitation breathing is provided to the individual until emergency responders arrive and transport the individual for further medical care. The Project DAWN Program provides clients with a kit which includes Naloxone, intranasal administration devices, emergency resuscitation equipment, a video instruction tutorial, and a quick, step-by-step instruction guide for administration of the medication and rescue breathing.
Since January 2018, one hundred twenty-seven (127) clients have received Project DAWN Naloxone kits through the clinic. One thousand one hundred eighty-four (1184) kits have been distributed in the community through the Mobile DAWN program. Mobile DAWN kits are provided to local Law Enforcement, EMS and Fire Departments.

Communicable Disease Control

The Portsmouth City Health Department Public Health is responsible for investigation and follow up on all reportable communicable diseases contracted by Portsmouth city residents. The Public Health Nurse (PHN) receives notifications of communicable diseases from local health care providers, and from the state of Ohio Disease Reporting System (ODRS). The PHN is responsible for investigating the case to assure that the individual is aware of the communicable disease; that he/she is receiving appropriate medical treatment; and to determine if other people have been exposed to the communicable disease. After investigation and follow-up with the individual and care providers, the following is reported in ODRS: medical treatment the individual received; steps taken to notify other parties who were exposed to the communicable disease; what follow-up was done with them, to assure that they are receiving appropriate medical care; and outcomes of treatment.

The top five reportable Communicable Diseases in the City of Portsmouth during 2018 were:

- Hepatitis C  121
- Chlamydia   88
- Gonococcal Infection  56
- Hepatitis A  42
- Influenza – associated hospitalizations  38

DNA Testing

The Nursing Division maintains a contract with the Ohio Department of Job and Family Service, Child Support Division in Scioto County to obtain DNA specimens to determine parentage. People who have received a court order to have testing done come to the Nursing Division Clinic. Our nurses collect the DNA specimens and send these to DNA Diagnostic Center (DDC) for DNA analysis.

In 2018 the Nursing Division collected one hundred eight (108) DNA specimens. In 2017 two hundred sixty-seven (267) DNA specimens were collected.

Immunizations

The City Health Department Clinic provides vaccines to children. Ohio Department of Health Guidelines are followed for childhood immunization. The Health Department Clinic is part of
the Ohio Department of Health’s “Vaccines for Children” program. This program provides free vaccines to our agency, to immunize children from birth through age eighteen.

In addition to childhood vaccines, the Clinic also provides vaccines for adults who are seen in the Health Department Clinic, and through outreach programs in the Portsmouth area.

In 2018 the Health Department Nursing Division administered one thousand one hundred thirty-nine (1139) vaccines. The following is a breakdown of vaccines given:

<table>
<thead>
<tr>
<th>Type</th>
<th>Number Given</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza</td>
<td>469</td>
</tr>
<tr>
<td>Diphtheria, Tetanus, Pertussis</td>
<td>121</td>
</tr>
<tr>
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<td>Hemophillus Influenza (HIB)</td>
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Prevention and Health Promotion

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The Prevention & Health Promotion Division has had a strong emphasis on research in 2018. We have partnered with Ohio University, Ohio State University, and Case Western University on multiple projects all focused on addressing the opioid epidemic that has plagued our community for almost 20 years. While Portsmouth has been identified as the epicenter of the opioid epidemic, we are also on the forefront of the solution through innovative and proactive programming.

Summary

Drug Free Communities (DFC) Support Program Grant

The Portsmouth City Health Department (PCHD) administers the DFC grant program which is funded by the Office of National Drug Control Policy (ONDCP). The DFC Program supports community coalitions through training, coordination and implementation of evidence-based programs and environmental strategies effective in substance abuse prevention. In terms of substance use, the DFC program is the “demand reduction” component of the ONDCP that
compliments the HIDTA (High Intensity Drug Trafficking Area) designation that focuses on “supply reduction”.

The Health Department manages the Scioto County Drug Action Team Alliance (SCDATA) that acts as a community *convener* and *catalyst* in reducing substance abuse. Agencies, individuals, and volunteers who have a similar interest in reducing substance use/abuse in Scioto County meet, network, and collaborate in a more efficient manner in order to maximize collective efforts to reduce the incidence and burden of substance use in Scioto County. SCDATA envisions a community where youth and adults are making healthy, educated and responsible choices about drug and alcohol use, and those choices are supported by the community through sustainable policies and programs.

The reasons for substance use and abuse are complex. As a result, the coalition uses multiple prevention strategies in Scioto County. The DFC manages and supports a network of youth-led prevention groups and activities at Scioto County High Schools through the help of DFC School Liaisons. Teens are surveyed every two years to capture data and measure progress. In the 2017 Surveys, following two years of targeted strategies, Scioto County teens had significant reductions in all licit and illicit substances.

In 2018, DFC staff continued to support participating schools in their efforts to reduce drug use in the youth by supporting Red Ribbon Week campaigns and other supportive ideas for their youth-led prevention groups. DFC held its annual Youth Prevention Summit in November 2018, in which 4 schools attended with a total of 82 students.

In December 2018, DFC Coordinator Lisa Roberts was recognized by Ohio State University’s College of Public Health and presented the “Champion of Public Health” award. She has been integral in the implementation of community-based efforts to address the opioid epidemic in Southern Ohio and we are beyond proud of the work that she has done.

**Injury Prevention**

The Office of Injury Prevention’s current objective is to reduce prescription drug overdose rates through campaigns and programs such as Project DAWN: Deaths Avoided with Naloxone and Prescription for Prevention: Stop the Epidemic. The Office of Injury Prevention works closely with the Ohio Department of Health and Ohio Mental Health and Addiction Services to fulfill their objective and to put into place evidence-based harm reduction strategies. Recommendations are also given by the CDC on effectively responding to the drug epidemic and the Injury Prevention Department interprets those recommendations to proactively model them in our community.

The CDC, Ohio Department of Health, and Ohio Mental Health and Addiction Services all recommend expanding access to and training for administering Naloxone to reduce opioid overdose deaths. Injury prevention staff works closely with local law enforcement agencies and
first responders in developing policies and implementing Naloxone use in their standard practices. In 2018, **PCHD supported local fire departments and law enforcement agencies in their continued efforts to respond to all overdose emergency calls and the administration of Naloxone.** Staff also works directly with community members through outreach events for Naloxone training and education including Hope Over Heroin, whose mission is to bring hope to the addicted by uniting a community’s existing faith and non-faith-based addiction service providers, making them instantly accessible, and creating a case managed comprehensive system of recovery.

Injury Prevention staff also assists service organizations, treatment facilities, or other business that demonstrate interest and need in being trained in administering Naloxone. In 2018, we have trained multiple organizations in the community, with a total of 582 naloxone kits distributed to the community. Between law enforcement agencies, fire departments, service organizations, and community members, **303 documented lives were saved in 2017 through the use of Naloxone.**

The Office of Injury Prevention also promotes Ohio Opioid Prescribing Guidelines to medical professionals and provides community education on substance abuse, harm reduction strategies, and proper medication disposal. We monitor drug drop boxes and support drug take back events within the community. In 2018, **161 pounds of medication were collected and disposed of safely.**

The Injury Prevention Coordinator, who is responsible for implementing all mentioned programs, also participates in the Ohio Injury Prevention Partnership (OIPP) and its subgroup Prescription Drug Abuse Action Group (PDAAG). The focus is to create and implement action plans to address injury priorities, promote policy and systems change and improve state-wide data collection.

**Teens Linked to Care (TLC)**

Teens Linked to Care is a comprehensive substance use prevention and sexual risk behavior reduction program for rural teens ages 13-19 funded by the CDC Foundation. The goal of the program is to create healthier adolescents by preventing substance use and reducing HIV infection and other STD’s. Objectives include increasing youth knowledge and skills, improving youth attitude and norms in support of substance use prevention and HIV/STD prevention, increasing adolescent access to youth-friendly key health services, increasing youth safety at school, and increasing adolescents’ connectedness to school and supportive adults. In 2018, TLC staff was able to continue developing an active Youth Advisory Board within the participating school (CAPE) as well as a very dedicated Community Advisory Board with several local stakeholders. Staff have also implemented a sexual health and drug prevention education curriculum at CAPE and have been able to make STD testing and pregnancy testing available to all students on site.

**Rural Health Opioid Program (RHOP)**
The purpose of the Scioto County Collaborative Rural Health Opioid Project (RHOP) is to reduce the morbidity and mortality related to opioid overdoses in rural Scioto County, Ohio through the development of a broad community Consortium that serves to prepare individuals with opioid-use disorder (OUD) to start treatment, implement care coordination practices, to organize patient care activities, and support individuals in recovery by establishing new or by enhancing existing behavioral counseling, peer support, and alternative pain management activities. The overreaching goal of the SCCRHOP is to demonstrate improved and measurable health outcomes, including but not limited to, reducing opioid overdose and opioid-related morbidity and mortality in rural Scioto County, Ohio.

RHOP features the following two key components:

- A broad-based community Consortium; and
- Expansion of Recovery Gateway Navigation Program. (See Nursing for details)

RHOP incorporates a range of objectives to respond comprehensively to the opioid crisis in Scioto County. The Scioto County Collaborative Opioid Consortium serves to provide quality assistance and services for those struggling with OUD and reduce the stigma associated with this disorder. The Consortium also works toward identifying individuals at-risk for overdose and guide them towards recovery by providing outreach and education on locally available treatment options and support services through a program called Recovery Gateway that will be enhanced and expanded through this Project. The group educates community members on OUD and the community’s response to it through outreach and education on OUD, treatment options, methods for preparing individuals with OUD for treatment, referring individuals with OUD to treatment, and how-to best support individuals and family members in recovery. In conjunction with Recovery Gateway, implements care coordination practices to organize patient care activities and will support individuals in recovery by establishing new or enhancing existing behavioral counseling and peer support activities in the service area.

2018 was an exciting and productive year for the Scioto County Collaborative Opioid Consortium. The Care Coordination work group, comprised of various consortium agencies, worked together to create a new overdose referral system to create a more streamlined process for linking individuals brought in for overdose to resources and services. Another great success of 2018 was the Hope Over Heroin event that took place on August 10th and 11th by Spartan Stadium. Hope Over Heroin is a faith-based organization originating from Hamilton, Ohio created by four pastors who recognized the deep need in their community. They partnered with public health agencies, treatment providers, and mental health resources from the community to create a “City of Resources” for those in attendance. The two-day event was comprised of a march, free food for attendees and volunteers, live music from local bands, a motorcycle stunt show, the distribution of backpacks filled with school supplies to 200 local kids and connected many seeking assistances to their needed resources.
HIV/STD Prevention Regional Programs

PCHD operates the HIV and STD prevention and treatment programs in Rural Region 8 of Ohio, which services 58 rural counties in the state. These programs are funded by grants awarded by the Ohio Department of Health. The HIV program focuses on HIV/STD testing and counseling, and prevention services for “at risk” populations. The program provides education and counseling on how to minimize the risk of contracting HIV/STDs.

The STD program provides disease intervention and partner notification services for clients who have been infected with, or potentially exposed to HIV and/or syphilis. Four Disease Intervention Specialists (DIS) provide these services throughout Rural Region 8. Each DIS also provides linkage to care services in the 58-county region.

The Rural AIDS Coordinator is responsible for operational oversight of these programs. The Health Department contracts with the following health departments in the rural counties of Ohio to provide HIV Prevention services:

- **Allen County Health Department** - Allen County Health Department is located in Lima, Ohio, and serves Allen, Auglaize, Hancock, Harding, Mercer, Paulding, Putnam, and Van Wert counties.
- **Clark County Combined Health Department** - Clark County Health Department is located in Springfield, Ohio, and serves Champaign, Clark, and Shelby counties.
- **Greene County Combined Health District** - Greene County Health Department is located in Xenia, Ohio, and serves Clinton, Fayette, and Greene counties.
- **Lorain City Health Department** - Lorain City Health Department is located in Lorain, Ohio, and serves Lorain, Erie, Huron, and Medina counties.
- **Portsmouth City Health Department** - Portsmouth City Health Department is located in Portsmouth, Ohio, and serves Adams, Athens, Brown, Clermont, Gallia, Jackson, Pickaway, Pike, Ross, Scioto, and Washington counties.
- **Galion City Health Department** - located in Galion, Ohio and oversees Disease Intervention Services across all rural regions.

The Rural AIDS Coordinator provides direction and communication to these agencies about grant related requirements and issues through monthly conference calls and through regular e-mail communication to contractors. She also performs site visits to each agency, at least once annually, to assure compliance with grant requirements.

The Health Department also maintains Memorandums of Understanding with thirty (30) agencies throughout the region to provide rapid HIV testing and counseling for clients in their region, in exchange for the provision of free rapid HIV test kits.

**In 2018, these regional programs accomplished the following:**
• A successful media campaign on PrEP and HIV services in Southern Ohio; Social Media reached: 1,277,557 individuals
• Conducted 3,714 HIV tests
• Distributed 101,721 condoms
• Outreach, interventions, risk reduction plans reached: 172,341 individuals

Public Health Emergency Preparedness

The PHEP Grant has been funded by the Ohio Department of Health since 2002. The goal of the program is to equip and prepare local health departments to better address bioterrorism, outbreaks of infectious disease, and other public health threats and emergencies.

Portsmouth City Health Department works closely with the Regional Public Health Coordinator, health departments in the south-central Ohio region, and a regional epidemiologist to write an All-hazards Emergency Response Plan that, among other things, addresses:

• Community preparedness
• Interoperative communication
• Emergency public information and warning
• Epidemiology and surveillance
• Environmental health
• Resource management
• Continuity of operations and recovery from an incident
• Mass dispensing
• Community containment (isolation and quarantine)
• Mental/behavioral health
• Mass fatality management
• Pandemic response
• Functional needs
• Volunteer management

The capabilities within these plans are exercised, and plans are updated annually to help ensure readiness for actual events that would cause public health emergencies.

Scioto County Opioid Response Program
The overall goal of the Scioto County Opioid Response Program-Planning (SCORPP) is to reduce the morbidity and mortality associated with opioid misuse, addiction, and opioid use disorders (OUD) by strengthening the organizational and infrastructural capacity of the Scioto County Collaborative Rural Health Opioid Project’s established Scioto County Collaborative Rural Health Opioid Project Opioid Consortium (now known as the Scioto County Collaborative Opioid Consortium - SCCOC) to address prevention, treatment, and recovery needs in Scioto County, Ohio. The purpose of SCORPP is to support treatment for and prevention of substance use disorder (SUD), including opioid abuse. To accomplish this, the SCORPP proposes to address these focus areas:

**Prevention:**
- Plan and implement strategies to reduce the occurrence of OUD among new and at-risk users.
- Plan and implement strategies to reduce the incidence of fatal opioid-related overdoses through community and provider education and harm reduction measures including the strategic distribution and placement of overdose reversal kits containing naloxone;

**Treatment:**
- Plan and implement strategies designed to develop and expand access to evidence-based practices for the treatment of opioid addiction and OUD such as medication-assisted treatment (MAT).
- Developing strategies to eliminate or reduce treatment costs to uninsured and underinsured patients.

**Recovery:**
- To expand peer recovery and treatment options that help people start and stay in recovery from OUD.

SCORPP assists the consortium to increase its capacity to address the opioid crisis as well as to strategically analyze, identify, and plan effective strategies that can be implemented to address the crisis while ensuring that the consortium and its work is sustained beyond the project year. The SCORPP proposes strategies designed to assist the consortium to identify current gaps in workforce capital and community services that are impeding progress in the community through the completion of an Analysis and Workforce Plan. In planning for the upcoming year, the SCORPP will lead a structured planning process that includes assessment, analysis, strategic planning, workforce development, and which culminates in a Strategic Plan that will be implemented in the target area.

A unique function of SCORPP is the implementation of a Community Risk Coordinator (placed in the Environmental Health Division). Community deterioration as a result of de-industrialization and extreme de-population has left pockets of the community vulnerable to occupation by drug dealers, manufacturers, and gangs. Deteriorating and abandoned houses dominate the former working-class neighborhoods of Portsmouth. Other risk factors within the
city include low socioeconomic status and high population density, community disorganization, lack of natural surveillance of public places, physical deterioration, high availability of drugs and easy access, and high rates of crime. Therefore, the Community Risk Coordinator will address these environmental factors and will incorporate recommendations into the Strategic Plan. As a public health official, this employee will be vested with the authority to respond to environmental complaints and threats and will work closely with local government, citizens, and law enforcement to identify and respond to drug premises and other environmental hazards in the community. This employee will also identify possible policy solutions (i.e. zoning, building codes, and ordinances) that can further mitigate the risks. These environmental strategies focus on populations and effect large numbers of people through the adoption of policy and systems changes and ongoing effective enforcement, and therefore work to effectively prevent future occurrences and protect public safety.

Accreditation

Belinda Leslie, BSBA, PHR
HR/Accreditation Officer

Summary

Within its 2004 Futures Initiative, the Centers for Disease Control and Prevention identified accreditation as a key strategy for strengthening public health infrastructure. Robert Wood Johnson Foundation in 2004 convened public health stakeholders to determine whether a voluntary national accreditation program for state and local public health departments should be explored further. The consensus was to proceed, and the Exploring Accreditation project was launched in 2005. The Steering Committee concluded that it was both desirable and feasible to move forward with establishing a voluntary national accreditation program that:

• Promotes high performance and continuous quality improvement;
• Recognizes high performers that meet nationally accepted standards of quality and improvement;
• Illustrates health department accountability to the public and policymakers;
• Increases the visibility and public awareness of governmental public health, leading to greater public trust and increased health department credibility, and ultimately a stronger constituency for public health funding and infrastructure; and
• Clarifies the public’s expectations of health departments.

The Public Health Accreditation Board (PHAB) was formed as the non-profit entity to implement and oversee national public health department accreditation and program
In February 2009, PHAB released the initial accreditation process and a set of draft standards and measures for public comment for a period of three months. Twelve standards were created, one for each of the ten (10) essential services of Public Health and two (2) for administration and the number of measures within the standards vary from five (5) to (9). The PHAB beta test took place from fall 2009 through the end of 2010. The voluntary National public health department accreditation launched on September 14, 2011.

While nationally accreditation is voluntary, in the state of Ohio it is mandatory that all Health Departments apply for PHAB Accreditation by 2018 and become fully accredited by July 1, 2020.

**The Accreditation Process**

There are eight (8) steps in the Accreditation process:

1. Pre-application
2. Application
3. Document selection and submission.
4. Document selection and submission
5. Site visit of the health department is conducted by PHAB-trained site visitors and a site visit report is developed.
6. Accreditation decision.
7. Once accredited, the Health Department submits annual reports to provide evidence of continued improvement.
8. As accreditation status nears expiration, the health department applies for reaccreditation.

**Where We Are Today**

The Health Department applied for Accreditation on September 9, 2016. The Accreditation Coordinator attended training at the Public Health Accreditation Board headquarters in Alexandria Virginia in November and we were given access to upload documentation on November 14, 2016. Documentation was submitted November 14, 2017 for technical review. A site visit was conducted by the accreditation team on August 16th and 17th 2018. The review results were received November 27, 2018.
